ADDICTIONS

1. Do you have an addiction ? Many people do .
2. There are many kinds of addictions .
3. A. Some people are addicted to gambling ? Do you like to gamble ?

B. People gamble on horses , dogs , bicycles , boats and other .

C. People also gamble at casinos – on games like blackjack , roulette and poker .

D. Have you ever played pachinko ? It is a form of gambling , so is mahjong .

4. Many people have an addiction to alcohol . Do you ?

5. Other people become addicted to drugs , like cocaine .

6. A. Another kind of addiction nowadays is social gaming .

 B. These are games played on electronic devices like smart-phones .

 C. Do you have a mobile phone ? Is it a smart-phone ?

 D. If you do have a smart-phone , do you often play these social games ?

 E. One very popular social game is Angry Birds . Have you played it ?

 F. Other electronic devices , like tablets , also have many game functions .

 G. Some people spend up to 15 hours a day playing these games . Don’t you !

 H. They can begin to cost you a lot of money .

7. A. Another addiction many people have is smoking . Do you smoke ?

 B. A lot of people want to stop smoking , but they can’t .

 C. Smoking is very bad for your health .

8. A. So ..what is an addiction ?

 B. It is something you do , something that you really want to stop ( or something that you should do less ) , but just can’t seem to be able to do so .

 C. If you could easily stop something , then it may not be an addiction .

 D. Stopping an addiction can often have side-effects . It may make you angry or sad .

9. Even something like watching TV can become addictive .

10. Some people become addicted to porn . They may be a little weird .

11. Do you ‘ over-eat ’ ? This can be more of a dis-order .

12. A. People who become addicted to drugs are often called ‘ addicts ’ , or ‘ junkies ’.

 B. I hope you are not a drug addict .

13. So … I ask again . Do you think that you may be addicted to anything ?

 Either : Yes , I think I might be addicted to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 OR .. No , I don’t think I am .

 OR .. I don’t really know / I’m not sure .